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Academic Programme	30 hours of English Classes	Testing & Induction 	Communicative English Lessons 	Projects and Presentations 	Developing Critical Thinking Skills 	Learning about British & Local Culture 
Activity Programme	Sports 	Arts & Crafts 	Team Games 	Drama 	Swimming 	Music Workshop 
Evening Programme	Great British Quiz 	Talent Show 	Beachy Head Walk 	Discos 	Casino Night 	Films 
Excursion Programme	London Excursion 1 	London Excursion 2 	Brighton Excursion (inc. Pavilion) 	Optional Excursion Day (or Activity Day or Day with Hosts for Residential students) 	Tour of Eastbourne 	Free Time in Eastbourne 

What's in a three-week programme? Everything in the two-week programme plus...

+15 hours of English Classes	+ 5 mornings/ afternoons of activities and sports	+ 3 evening activities per week (Homestay students) or 7 per week (Residential students)	+ Canterbury Excursion (inc. Cathedral) 	+ Half day Hastings Excursion 	Free Time in Eastbourne 
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Residential students have 7 evening activities a week.

Homestay students have 3 evening activities a week. All other evenings are spent with the hosts.

Morning	Afternoon	Evening
Lessons: 8:45-9:45, 9:45-10:45, 11:10-12:30 Activities: 9:00 Meeting, 9:15-10:30, 11:00-12:15	Lessons: 14:00-15:00, 15:00-16:00, 16:25-17:45 Activities: 14:00 Meeting, 14:15-15:30, 16:00-17:15	Activities: 19:30 Meeting, 19:45-21:45